# **INSTRUCTORS WORKSHEET**

DAY ONE – NO BRAKE	
DATE:	
STUDENT:	AGENCY:
EVENTS	GRADE/ COMMENTS
SLOW CONE WEAVE	Hit cones*Cones down*Skips cones*Foot down MC down*Head/Eyes*Pumping Clutch Pumping throttle*Eye placement*Lacks control*Out of pattern*Stalls motorcycle
RATING #	(Total # of reps: )
OFF SET CONE WEAVE	Hit cones*Cones down*Skip cones*Foot down MC down Head/Eyes*Pumping Clutch*Pumping Throttle*Out of pattern*Stalls motorcycle*Turn Head sooner*Head late*Too wide*
RATING #	(Total # of reps: )
INTERSECTION	Hit cones*Cones down*Foot down*MC down Clutch out*Clutch/ Throttle control*Too slow Head/Eyes*Turn head sooner*Pumping clutch Pumping throttle*Eye placement*Lacks control Late head turns*Out of pattern*Fails to use entire pattern
RATING #	(Total # of reps: )

INSTRUCTOR	DATE

# **INSTRUCTORS WORKSHEET**

DATE:	
STUDENT:	AGENCY:
EVENTS	GRADE/ COMMENTS
DOUBLE 360' RATING #	Hit cones*Cones down*Foot down*MC down Clutch out*Clutch throttle control*Head/Eyes Maintain grey area*Turn head sooner*Late Head Turn*Pumping clutch*Pumping throttle*Lacks Control*Poor use of pattern*Out of pattern (Total # of reps: )
SINGLE 360'	Hit cones*Cones down*Foot down*MC down Clutch out*Clutch throttle control*Head/Eyes Maintain grey area*Turn head sooner*Later head Turns*Pumping clutch*Pumping throttle*Lacks Control* Poor use of pattern*Out of pattern
RATING #	(Total # of reps: )
LANE CHANGE	Hit Cones*Cones down*Foot down*MC down Head/Eyes*Clutch/throttle control*Grey area Poor use of pattern*Out of pattern*Late head turns*Stomping rear brake*Lacks control
RATING #	(Total # of reps: )
STRAIGHT LINE BRAKING	Locks front brake*Lock rear brake*Both feet Down* # finger braking*Stomps rear brake Understands concept*OK for level of event ABS event*Other
RATING #	(Total # of reps: )
90' PULLOUT	Stalls MC*Foot down*MC Down*Cones hit Cones down*Head/Eyes*Clutch/Throttle*Head Down*Improper foot down*Other
RATING #	(Total # of reps: )
SNOWMAN	Cones hit*Cones down*Foot down*MC down Head/eye placement*MC placement*Clutch/ throttle control*Grey area*Pumping clutch*Poor use of pattern*Out of pattern*Late head turn
RATING #	(Total # of reps: )

<u>PAGE 2</u>

STUDENT:	-		
EVENTS	GRADE/ COMMENTS		
BRAKE AND ESCAPE RATING #	Too fast*Too slow*Covering rear brake*Locks front brake*Locks rear brake*Pre-brake Rear brake before front brake*More front brake*Cone hit*Cones down*Foot down*MC down*Braking not effective*Unable to stop*Out of pattern ABS event*Poor posture*Horizon RECORDED SPEEDS: { } { } { } { } { } { } {		
CURVE NEGOTIATION	Improper posture*Braking completed prior to Curve*Covering rear brake*Milking the Handlebars*Failed to look through the corner		
RATING #	(Total # of reps: )		
BRAKING IN A CURVE	Failed to straighten MC upright*Covers rear Brake*Failed to use front brake first*Poor Posture*Fails to look at the horizon		
RATING #	(Total # of reps: )		
ACCELERATED U-TURNS	Improper braking*Locked front brake*Locked rear brake*# finger front brake*Cones hit*Cones down*Foot down*MC Down*Head/Eye placement*Clutch/throttle control*Too slow*Too fast*Out of pattern*ABS event*Improper Braking		
RATING #	(Total # of reps: )		
EVASIVE MANEUVERS	Poor posture*Too slow*Too fast*Tunnel vision Failure to counter steer*Cones hit*Cones down Foot down*MC down*Utilized brakes Anticipating RECORDED SPEEDS: { } { } { } { } { } { } {		
RATING #			

PAGE 3

EVENTS	GRADE/ COMMENTS
180' DECELERATION	Too fast*Too slow*Improper braking*Poor Posture*Locked front brake*# finger braking Locked rear brake*Stomped rear brake*Broke early*Cones hit*Cones down*Foot down*MC down*MC placement*Out of exercise*Clutch/ throttle*Head/eyes* ABS event RECORDED SPEEDS: { } { } { } { } { } { } { } {
RATING #	
30 MPH CONE WEAVE	Too fast*Too slow*Cones hit*Cones down*Skips cones*Head/Eye placement*Braking*Not counter steering*Improper set up*Out of pattern Covering rear brake*Improper Leaning RECORDED SPEEDS :{ } { } { } { } { } { } {
RATING #	

## <u>RATING KEY:</u> (1) UNSATISFACTORY (2) WEAK (3) IMPROVEMENT NEEDED (4) QUALIFIED

MC DOWN	=(1)
FOOT DOWN	= (2)
2 OR MORE ERRORS	= (3)
NO ERRORS	= (4)

\_\_\_\_\_

DURING CONE PATTERN QUALIFICATION THE STUDENT MUST DEMONSTRATE EITHER BACK TO BACK LEVEL (4) RUNS OR 2 OUT OF 3. IF A STUDENT DROPS THE MC OR PUTS A FOOT DOWN THAT RUN IS AN AUTOMATIC DISQUALIFICATION ATTEMPT.

STUDENT SIGNATURE _	DATE	

INSTRUCTOR	DATE	
		· · · · · · · · · · · · · · · · · · ·